



1:1 Personal Public Speaking Coaching

SPLIT-DAY TRAINING SESSIONS

Fine tune your public speaking skills, pitch, sales proposal, leadership speech, wedding or special event speech, interview skills or create a script for video.

Confidence, Engagement & Influence

Split-Day Training provides personal tuition from an experienced award-winning public speaker and professional trainer over **two x 4 hour sessions**, with a break in between to reflect, review and rehearse.

Split-Day Training includes:

- Pre-Session Consultation
- Pre-Session Speech/PowerPoint Review
- First Session - analysing your strengths and weaknesses, developing rich, effective, engaging speech content.
- Review Break - refine reflect & practice skills
- Second Session - Sharpen and refine your speech and focus on delivery and performance skills:
- Videos of your performances
- Complete public speaking manual and workbook
- Certificate of Achievement



Your satisfaction is 100% guaranteed.

At these sessions you will receive:

- ✓ Public speaking knowledge, demonstrations and practical, hands-on experience
- ✓ Assessment of your public speaking strengths and weaknesses
- ✓ Public Speaking Workbook to capture new ideas
- ✓ Public Speaking Manual with tips, techniques of world champion speakers and helpful checklists
- ✓ Videos of your speeches for review of progress
- ✓ Constructive feedback and coaching to improve
- ✓ Body, action & mind techniques to overcome nerves
- ✓ Certificate of Achievement

Book Now!

Book on-line: <https://artofcommunicating.com.au/personal-tuition/>

Or Phone: +61 (0)401 059 934 | Email: training@artofcommunicating.com.au

Training Room Location: Your office – Sydney or Canberra - or we can arrange an alternative venue at cost

SESSION PLANS

2 x Split-Day Training Sessions (4 hrs each) include:

Pre-Session Consultation

We discuss your objectives for your training, establish a plan, create a schedule and organise pre-work to be done before our first session and create unique course material for you.

Speech Review

If you already have a speech/presentation, we ask that you send it to us so that we establish a deeper understanding of the content before the first session. This also includes analysis and improvement suggestions of any related PowerPoint slides.

First Training Session

This session is devoted to analysing your main areas of concern, analysing your strengths and weaknesses, improving skills through training and hands-on practical experience, video feedback and coaching.

We work on developing rich, effective, engaging content:

- Establishing clear objectives to achieve results
- Analysing your audience and addressing their needs
- Creating a powerful opening and a strong closing
- Structuring and framing the delivery of your message
- Creating a memorable core message
- Improving PowerPoints (if included)

Review Break

A break between sessions allows you time to review, rehearse and refine your skills. This can be a break of one day or one/two weeks. During this time we also help you to re-write your speeches; fine-tune your language and provide rehearsal techniques to improve your performance.

Second Training Session

You will sharpen and refine your speech and focus on delivery and performance skills:

- Body language and movement
- Walking the stage
- Increasing vocal expression
- Audience interaction and engagement techniques
- Controlling Q&A sessions
- Using PowerPoint/podium/props effectively
- Public speaking confidence techniques
- Final video and assessment of skills

Split-Day Training Includes:

- Videos of your performances
- Complete public speaking manual
- Training Workbook with tips and techniques
- Written assessments with feedback to improve
- Confidentiality guaranteed
- Supportive and positive encouragement to succeed
- Certificate of Achievement

Benefits for You:

- ✓ Speak powerfully & connect to your audience
- ✓ Deliver a compelling, actionable close
- ✓ Structure your speeches to speak clearly and get to the point
- ✓ Be engaging and keep audiences interested
- ✓ Be memorable - make your messages sticky!
- ✓ Improve your vocal expression and language
- ✓ Use appropriate body language & non-verbal cues
- ✓ Develop the confidence to speak to any audience
- ✓ Control Q&A sessions with assurance
- ✓ Develop the skills to speak as a leader in your field

Need More Information?

Please call our office in Sydney on 0401 059 934
or send an email: info@artofcommunicating.com.au
Thank you

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